

# THANK YOU FOR SUPPORTING OUR LOCAL TENNESSEE FARMS!

## Welcome to CSA DAY!

-Free Food Samples  
by Amerigo Italian  
Restaurant

-Licensed Dietitian  
& Nutritionist from  
Williamson Medical Center



Find each of our 12 CSA Farms with the CSA Day logo in front of each farm booth at market. Each CSA Farm will be available to answer any questions you might have about their CSA offering.

- **Delvin Farms** *(vegetable and meat)*
- **Bloomsbury Farm** *(vegetable)*
- **Beaverdam Creek Farm** *(vegetable)*
- **Red Cedar Bison** *(bison meat)*
- **Triple L Ranch** *(meat)*
- **Flying S Farms** *(vegetable)*
- **Colvin Family Farm** *(vegetable)*
- **Hatcher Family Dairy** *(meat, milk, eggs)*
- **Kirkview Farm** *(vegetable)*
- **Peaceful Pastures** *(meat)*
- **West Wind Farms** *(meat)*
- **Noble Springs Dairy** *(cheese, milk, soap)*

**CSA DAY PRESENTED BY AMERIGO ITALIAN  
RESTAURANT AND WILLIAMSON MEDICAL CENTER**